

Nakshatra & Vastu Remedies for Venus

By Renu Sharma & Vishal

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Vishal

Vastu and Astro Advisor

I would like to acknowledge my son Vishal for compiling this book that covers tips and remedies applied in the last 26 years of my Astro and Vastu practice. I would like to thank him for bringing this out for everyone's benefit.

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About the Book

“*Nakshatra & Vastu Remedies for Venus*” is a one-stop unique book to bring astrologically and Vastu (including decluttering) driven solutions to everyone in laymen's terms. The writers have practiced and applied these solutions in the last 25 years and have made a lasting impact on people's life.

This book presents solutions for all 3 nakshatras in a very structured way. Starting from their basic significations, characteristics, and symbols to eight different ways of performing a remedy for Venus. These are what mantras' to recite or chant, what pooja or prayers to be performed, what and how to donate, which plants to keep or plant, what gemstone or a rudraksha to wear, what yoga to be performed, and what precautions are needed for the placement of each planet in 12 houses. For each 3 nakshatra's of Venus, five different ways of performing a remedy are described in a structured way.

Vastu Shastra-driven solutions for Venus specific direction or zone are described in a structured way.

Writers have tried to create a one-stop book for all solutions related to Venus, and for the first time Astrology, Vastu, and Decluttering solutions are combined to give a well-structured plan to execute them.

So, as the name of the book implies, writers firmly believe that all that is required is to read this book and apply these suggested solutions to see a lasting difference in your and your loved ones' life.

About the Author

Late Smt. Renu Sharma comes from a family of traditional astrologers and practitioners of Ayurveda and herbal medicines. She has been practicing Vastu shastra and astrology for the last 25 years. She has finally decided to share her learnings and experience gathered by serving people and making a difference in their life.

Mr. Vishal has learned astrology Vastu shastra from her mother and co-author of this book Smt Renu Sharma. He holds a BE in Mechanical Engineering M.Tech in IT and MBA (Melbourne University). He is currently active in helping and assisting people to make a difference in their life by applying this divine science of astrology and Vastu Shastra and Feng shui.

Disclaimer

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All discussed thoughts, remedies; opinions are collected, researched, and applied in various cases.

Please do not follow these solutions without proper consultation from an Astrologer or a Vastu or Feng shui consultant.

Remedies

Background

Remedies or remedial measures for planets, constellations (nakshatra), and Vastu dosha are popular in Astrology. Their prime purpose is to address the suffering or ill effects of planets, constellations, or Vastu dosha. Having said that some astrologers or consultants do suggest remedies for enhancing their good influences on us. My personal opinion is to perform remedies only for addressing ill effects only.

Why do we suffer or need remedies

This can be understood by an inherent concept in Sanatana Dharma (popularly known as Hinduism) where reincarnation (cycle of rebirths) is believed, a process that affects every living entity on earth.

Every birth incorporates well, bad, and neutral (no adverse or good effect, like progress in spirituality) karma. Suffering or happiness in the present life is driven by good and bad karma in past and present birth deeds. Remember 5th House (past life deeds) and 9th (future birth) in our birth chart or horoscope signifies and gives good indicators. Sometimes we do so much bad karma in one life only that the cycle of rebirth continues until many births to suffer from past deeds and present life's deeds as well. It is the same for good karma. This continues until it balances out and that day means no more rebirth on earth.

Now, most people do say if we have to suffer from these past and present deeds anyway then what is the point of doing these remedial measures. Here, Astrology comes into the scope and provides some insight.

Astrology, a divine and well-advanced science (beyond humans' grasp) are leveraged to understand what is coming ahead of us, like an event. This does not mean that we can overcome or bypass a good or bad event. What we are shown or guided by astrology is, that please be mindful of these events and take some steps to mitigate or do some remedial measures to address its severity.

This means remedial measures are prescribed to reduce the severity of an event or happening only, that does not mean we can overcome an event. For example, if someone's birth chart signifies an accident, which could break his or her leg, then by performing remedial measures we can only reduce the severity of that accident (event), resulting in only a few stitches or minor scratches but cannot mitigate an accident or an event cannot be stopped or bypassed. Therefore remedial measures are performed to get some relief from these adverse or life-changing events.

How does it work?

Popular belief is that these measures work because by performing these, we are influencing the basic nature of a planet or a constellation and hence we can overcome an adverse event. As described above, that is not true, In fact, planets never change their inherent behavior, they behave in the same manner for everyone, good or bad. So then the question arises how does it work.

Well, this can be understood by the following:

Our birth chart (*horoscope, at least theoretically*) is created by the positioning of each planet in our solar system on the day of birth. This reflects our past, present, and future. It was on that day (*theoretically*) it was finalised that we have past life deeds outstanding balance (in 5th house) and we have to perform few deeds for the future (9th house) as well. Therefore, it was finalised on that day that every individual will have a different life or journey towards his or her destiny.

By performing these remedial measures, what we are trying to address, is the imbalance of off bad deeds primarily, so that we do not suffer more. What we are not requesting to any planet like Venus or Saturn, is not to perform his or her duty or please be lenient with a native. If we do a remedial measure for Venus then we are just balancing a bad deed effect from our past life with a good deed in this life, so that it balances out the karmic effect as much as possible.

When a day for an event comes in natives life, on that day respective planet for that event like Venus will check your deeds balance and if at the time it is less, than a less severe event, if more than the more severe event will take place. Since we are not in a position to find what we did in a past life, it's hard to balance out those effects in the present life. Hence any measure we do in the present life will never compensate for our outstanding balance from the past. Therefore, we will never bypass or stop an event by performing remedies.

This is a very simplistic view of things in my opinion. I am sure there are other viewpoints, which could explain this aspect. I do not have any insights on those, but I do respect them.

Type of Remedies

Let me point out that Sage Parashara has not prescribed remedies as such; he has only referred to the recitation of mantra or stotra and donation or charity. Hence, I am not recommending any specific remedy. I am highlighting these various measures in practice, which are being prescribed.

Classify

Remedies or remedial measures can be classified by applying the following lenses to identify which one to perform, how, when, and which direction. These lenses are following:

- Element: What type of activity to perform
- Direction: represented by each zodiac or sign
- When (hora) and what day of the week is represented by each planet and constellation lord
- Caste: what each planet signifies which activity they represent
- Moola (root, plants, or herbs), Jeeva (Animals), Dhatu (Metal or mineral)
- Ayurvedic Nature: Airy (Vata), Pitta (Fiery), Kapha (Watery)

More lenses signifying characteristics, nature, and representation of each planet can be applied to fine-tune these remedial measures.

Element based Classification

- Fire or Agni: If a remedial planet is of Agni Tatva (fiery element) or in Agni Rasi (fiery Zodiac, then remedies should be based on homa (yajna), praying Agni Deva,

lighting a lamp or incense stick or dhoop before starting any remedy

- Air or Vayu: If a remedial planet is of Vayu Tatva (Air element) or in Vayu Rasi (Airy Zodiac), then remedies should be based on reciting or chanting Stotra or doing yoga and taking blessings of Vayu Deva before starting any remedy
- Earth or Prithvi: If a remedial planet is of Prithvi Tatva (Earth element) or in Prithvi Rasi (Earth Zodiac), then remedies should be based on feeding to living beings like humans, animals, or birds, walking barefoot, or wearing an element or threads and taking blessings Prithvi Deva before starting any remedy
- Water or Jal: If a remedial planet is of Jal Tatva (Water element) or in Jal Rasi (Watery Zodiac), then remedies should be based on donating by immersing items in the stream of flowing water (clean) and taking blessings of Jal Deva before starting any remedy

Direction based Classification

- Aries: East
- Taurus: South
- Gemini: West
- Cancer: North
- Leo: East
- Virgo: South
- Libra: West
- Scorpio: North
- Sagittarius: East
- Capricorn: South
- Aquarius: West
- Pisces: North

If a planet whose remedy is prescribed is placed in Pisces then it must be performed while facing North direction or a planet placed in Gemini then West direction is to be used.

Time (Hora) and Day

Time to perform a remedy is usually prescribed in the hora of each planet and day represented by that planet. Having said that there are other days and times when these can be performed for the respective planet.

Day

- Sunday: Sun, (other Rahu)

- Monday: Moon
- Tuesday: Mars, Ketu
- Wednesday: Mercury, Rahu
- Thursday: Jupiter
- Friday: Venus and sometimes Saturn to appease via Venus
- Saturday: Saturn, Mars

Hora

1st hour from sunrise is allocated to the respective day and planet represented by that day. Then go back to the 3rd day from that day and continue until you reached the 7th day.

So on Sunday 1st hour from sunrise is Sun's Hora, 3rd day from Sunday in the reverse counting is Friday, so the next hour Hora is for Venus, and the next hour Hora will be for Wednesday or Mercury, and so on.

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sunrise to 1 hr (Say 6-7 am)	Sun Hora	Moon Hora	Mar Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
7-8 am	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Mer Hora	Jup Hora
8-9 am	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora
9-10 am	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora
10-11am	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup hora	Ven Hora
11-12pm	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora
12-1pm	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora
1-2 pm	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
2-3 pm	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Sun Hora	Jup oHra
3-4 pm	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.

Ayurvedic Nature

- Airy (Vata)
- Qualities: cold, dry, Light, moving, flighty, spiritual, thin
- Taste: bitter, astringent, pungent or spicy, raw
- Fiery (Pitta)

- Qualities: hot, oily, light, fiery, vibrant, successful, aggressive
- Taste: sour, pungent or spicy, salty, fetid, warm
- Watery (Kapha)
- Qualities: cool, oily, heavy, stable, slow, methodical, greedy
- Taste: sweet, salty, sour, creamy, heavily cooked

Donation or Charity

Type

The Following type of donations are recommended for remedial measure

- Gupt Daan: Anonymous donation
- Vidya Donation: Donation related to education
- Kanya Daan: Donation related to the marriage ceremony of a girl
- Anna Daan: Donation related to grain and food items
- Anna Daan is usually prescribed as Tula Daan (Donation of items according to your weight) in one go on the day of your Janma Nakshatra
- Another way to donate is over 12 months.
- For example, if your weight is 60 Kg then donate 5Kg (60/12months = 5 Kg/month) each month
- Other types of donation can be leveraged

Note: Donations are prescribed or recommended only for 3rd, 6th, 8th 12th house lord only

Stotra

Type

There are various types of stotra or mantras from sattvic to tantrik. We have primarily described sattvic and rajasic mantras here.

- Sattvic: primarily for our spiritual elevation
- Rajasic: for material gains and desires

Type of Wear

Gemstones

Vedic astrology mentions gemstone but doesn't prescribe any gem as a remedy. Scriptures like Narada Purana prescribes gems as a remedy for planets, where Varahamihira, the great astrologer has highlighted gems and their benefits in Brihat Samhita but does not prescribe them as remedies in his renowned text of Brihat Jataka

Rudraksha

Rudraksha is a seed used for prayer and japas in Hinduism. The seed is produced by several species of large evergreen broad-leaved tree in the genus *Elaeocarpus*, with *Elaeocarpus ganitrus* being the principal species used in the making of organic jewelry or *mala* (necklace). Since this is an organic material, it is worn in a chord rather than a chain.

Rudraksha has been suggested in various Puranas and has some remedial effect on a native.

A proper consultation is required to wear them.

Note: Sankalp and prayer of kuldevi or kuldevta is advised every day and before starting any remedy

Astro Decluttering

- Decluttering means removing unnecessary items from an untidy or overcrowded place.
- Astro Decluttering means removing unnecessary items or tidy a place while keeping each planet's significant items in mind while executing this exercise.
- Tidying and Decluttering our home and place where we live and work is vital to ensure we live a happy, prosperous life in harmony. I gather it is easy to practice it because people have emotional and functional connect with items at home and work. Hence, they keep them for a longer duration, thinking that this can be used in the future. In doing so what they don't realise is, that this is not a good practice at all and it negatively influences their day-to-day life.
- Every object we use or interact with at home or work or other places has some energy and it connects with our environment and universe. Therefore, every object or item needs appropriate care, consideration, and handling.
- So to start Decluttering, 1st step is to recognise that we have a problem with Clutter. Secondly, we need to identify what items are causing what symptoms. Once we have established that, then we can either donate, discard or organise these items depending upon the need, purpose, and joy received from them.
- As a thumb rule any item that hasn't been used for more than one year or four seasons or doesn't give any joy to you or your family or outlived its purpose, then it must be removed or donated because it is unlikely it will be used again. In addition, donating items will allow needy people to use them, and in return, you and your family will get blessings from them.

Planets - Cluttering Symptoms, Declutter by Donation and Organising

- As discussed earlier it's vital to understand which planets signify what items, metals, idols, and animals in the house or at work.
- If these items or belongings (*signifying respective planet*) are not kept properly with care or are broken, then not only does it add to the clutter but it impacts the significance of each planet resulting in a lack of success, harmony, and happiness in life.
- Cluttering impacts your planets and zodiacs in your birth chart, resulting in various impediments and griefs in daily life.
- Once these items are established with symptoms, the next step is to identify what needs to be discarded or donated and what needs to be organised.

Venus or Shukra

Background

Venus or Shukra is 2nd inner planet between the sun and earth. It is a natural benefic planet signifying happiness and comforts in material life. The position of Venus in our birth chart (Horoscope) signifies relationships, business, pleasure, and our sexual instinct.

Info

- Gender: Female, Feminine
- Time in Each Zodiac or Sign: 30 days within 28 degrees of sun, maximum 2 zodiacs away
- Zodiac or Sign: Taurus (Vrishabh), Libra (Tula)
- Nature:
 - Watery (Kapha)
 - Benefic
 - Rajasic (passion)
- Taste or Flavor: Sour
- Metal: Silver
- Colour: White
- Animal: Parrot, Cow
- Signifies: Spouse, Marriage, Love, Women, Partnership, Pleasures, Creativity, Beauty
- Ruling Deity: Lakshmi, Indra
- Constellation or Nakshatra:
 - Bharani
 - Purva Phalguni
 - Purva Ashadha
- Day of Week: Friday
- Direction: South East
- Exalted (Uccha) Sign or Zodiac: 27° Pisces (Meena)
- Debilitated (Neecha) Sign or Zodiac: 27° Virgo (Kanya)
- Positional Strength (Digbala) : 4th House
- Number Represented: 6

Symptoms of Weak Venus

If white coloured household items, dairy products, clothes (esp. socks, undergarments), bedsheets, cosmetics, diamond jewelry, and idols (esp.; goddess Lakshmi) are not kept properly with care or are broken or are ripped then it impacts the following:

- worsening of relation with partner
- bed pleasures are missing

- the desire for luxurious jewelry items and cars is unstoppable
- bad breath from mouth and taste buds are out of control, teeth are uneven
- travels a lot and prefer to eat outside home
- lack of analysis or over analysing a situation
- cash flow problems and fear in mind or thoughts
- when they speak their messaging or content is irrelevant
- the south-east direction is cluttered or not utilised properly at home

Remedies

Recite or Chant

- Recite Sri Sukta or Sri Sooktam Stotra (*refer Appendix*)
- Recite Devi Stuti or Durga Chalisa or Durga or Durga Shapshati
- Venus's moola mantra (*revealed sound or combination or sequences of sound*)
- **Om dram dreem droum sah shukraya namah**
- Do it 20000 times in 40 days
- Venus or Shukra Stotra

**Hima kunda mrinalaabham daityanam paramam gurum
Sarv shastra pravaktaram bhargavem pranamamyaham**

- do it daily or 1600 times

Pooja or Prayer

- Worship Devi every day
- Worship Lord Parshuram (*6th Avatar of Lord Vishnu*)

Plant

- Plant this tree or Water it or look after it
- Taurus: Indian Devil, Blackboard
- Libra: Bakul, Indian Medler
- Keep Gular Trees (*Ficus Racemosa*), root wrapped in a white cloth with you

Donate or Charity

- Donate
- White coloured clothes, dairy cream, yogurt to a needy woman, cinnamon
- Raw sugar, Sugarcane or sugarcane juice, Black Gram, Cashew nut,
- Silk clothes or items, Ghee (*clarified butter*)

- *Recommended Time: Begin from 1st Friday of Waxing Moon (Shukla Paksha) during Venus Hora*
- *Venus Hora: one hour during the day after sunrise. Refer any online panchang (lunar/moon-based calendar) for a respective hour during the day and place*

Fasting

- Keep fast (no food intake) on Friday
- *Fast meaning: Sacrifice of food. Food intake is not advised during this fast including milk products. Fruits can be taken during the day*
- *Open your fast or take a meal in the evening or night after moonrise only*

Wear

- Rudraksha
- Wear 9 mukhi (9 faced) Rudraksha
- This is grown on Rudraksha (Elaeocarpus ganitrus) Tree
- Gemstone
- Diamond, White Sapphire
- *For specifics on what weight, metal, which finger, or other information, please consult an astrologer or a qualified priest*
-
- Ornaments
- Wear white coloured ornaments or jewelry

Yoga

- Practice Dhanurasana, Mool bandh Pranayama

Precautions

Take the following precautions if your Venus is afflicted or weak in your birth chart (horoscope) in the following houses

- Take the following precautions if your Venus is afflicted or weak in your birth chart
- Venus in 1st H
- Avoid sex during day-time
- Avoid ripped or un-ironed clothes or old clothes used by others
- Do not get involved in love affairs
- Do not eat jaggery
- Do not ignore elders advice and do consult them

- Venus in 2nd H
 - Use perfumes, wear clean and ironed clothes
 - Do not give gifts or items in donation related to Venus-like perfume, cashew, diamond ring, or jewelry
- Venus in 3rd H
 - Do not abuse, curse, or insult your wife or your partner
 - Do not be involved in affairs with other women
- Venus in 4th H
 - Remarry your wife if there is a likelihood of separation from her
- Venus in 5th H
 - Do not abuse, curse or fight with your wife or partner and consult her in your decisions
- Venus in 6th H
 - Your wife or partner must not walk bare feet at home
 - Don't get involved in an extramarital affair
- Venus 7th H
 - Always take the blessings of your parents
- Venus in 8th H
 - Avoid taking in charity or donations especially items related to Venus-like diamond jewelry or perfumes
- Venus in 9th H
 - Do not marry at the age of 25
 - Avoid yogurt in your diet
- Venus in 10th H
 - Avoid alcohol, meat, seafood, or eggs in your diet
 - No illicit relations and avoid excessive sex
- Venus in 11th H
 - Do not give financial control to your partner or wife
 - Keep items related to Venus at home, like diamond jewelry, perfume, white flower

- Venus in 12th H
- Avoid donation or charity esp. items related to Venus
- Precaution for Donation
- Venus: If Venus is placed in Libra or Pisces, then one should not regularly donate white clothes, sugar, ricotta cheese (paneer), sweets, or ghee. In addition, any domestic help who clean their home must not clean someone else's home as well

Theme Based Remedies

Early Marriage or Good relations with wife or partner

- Both husband and wife (or de facto relationship) need to wear Gauri Shankar rudraksha
- *Gauri Shankar Rudraksha is a different type of Rudraksha in which two Rudraksha beads are naturally connected. It symbolises Lord Shiva (Soul) and Goddess Parvati (Mind)*
- *Recommended Day: Begin from 1st Monday of Waxing Moon (Shukla Paksha)*
- A native can wear if he/she wants to have an early marriage

Good Relations with Wife or Partner

- Install a pair of birds or photo of both from happier times in a golden frame in the South West corner of your house. This southwest zone is 22.5° and is measured from the center of your built-up house. Please ensure this is not kept in the South of the southwest zone, which is another 22.5° and is next to South West zone
- Have sweet (dessert) like Jalebi (*Zulbia*) with your wife or your partner in the morning every day or every Friday. Avoid this if there is diabetes or any other allergic reaction to this
- Give Gajra (Bridal flower) to your wife or partner on Friday

Find Your Lost Husband

- Recite the following verse from Ramayana

गई बहोर गरीब नेवाजू ।
सरल सबल साहिब रघुराजू ॥

Generic Remedies

- Offer yogurt to Lord Shiva (Shiva Linga) every Friday
- Watering of creeping and flowering plants on Friday
- Keep your mouth and teeth clean, If having pain in teeth or jaw, then get it fixed asap

- Donate silk clothes, white coloured preferred
- Always keep your bedroom, bedsheets, blanket, socks, undergarments, and clothes tidy
- Bath with Rose or scented flower water
- Don't eat on your bed or in bedroom

Declutter

- To declutter the following steps are required
- 1st Discard and Donate
- 2nd Organise

Discard and Donate

- Once symptoms, items, and zones are identified, the next step is to make a call on what items to discard or donate so that they can be reused by someone else
- In the case of Venus following items can be discarded or donated
- discard broken white coloured items
- discard broken goddess Lakshmi, Durga, or any other goddess idol
- discard broken white birds pair sculpture or figurine
- discard ripped or old bedsheets, undergarments, socks, and white coloured clothes
- donate extra cashew, ghee, and camphor
- discard broken diamond jewelry
- donate extra cosmetics and bangles to young girls
- discard or donate old brushes, makeup and skincare products, and any accessories
- discard any broken or old crockery and utensils
- discard used or old henna (mehndi)
- discard old travel tickets of bus, train and air travel

Organise

- Once we donate or remove items that are not needed then we need to tidy our place to ensure every object is properly placed at its designated place
- In the case of Venus following can be done
- fix your teeth if there is a pain in them or needs the removal
- keep your mouth clean
- clean and tidy your south-east and east of the southeast corner of house or work
- lighten up the southeast zone with red colour or lamp if required, the blue colour is not allowed here
- in the case of clothes, undergarments, socks, bedsheets following needs to be done
- clothes wardrobe need to be tidy as we use it 24x7 in our daily life. Hence your wardrobe must be tidy
- separate them by season, use separate sections for winter and summer clothes
- drawers or subsection are designated for each type of cloth-like t-shirt, tops, jeans, underwear socks, shoes

- clothes must be folded properly and kept, instead of being dumped or put on hangers. *Folding and organising clothes is regarded as a cumbersome and painful activity, but if we want to connect with them then we need to show gratitude towards them as well*
- clothes must be kept from left to right as a rising arrow (*in slope or height*), with heavy on left and lighter on right
- socks (*represent Venus*) and must be folded properly instead of being tied to each other
- undergarments, handkerchief must be folded and kept in a separate zone
- in case of kitchen organise the following
 - crockery and utensils for daily use
 - keep cups, plates, bowls separately
 - discard any broken or old crockery and utensils
- keep your kitchen (represent Mars) clean every day and night, esp. in the night after meals
- the kitchen sink (*represent Saturn*) needs to be tidy and clean after meals
- keep your cupboards clean and organise in such a way that each item is required to be there
- keep it simple and organise it by each category
- keep your car clean to enhance your Venus
- while talking ensure you are talking relevant or right messaging is being conveyed, so to ensure that use talking notes if required

Precaution

- To ensure cluttering doesn't begin, please do the following things
 - put each item back to its position after its use
 - assign a place for each item where it is kept, else it will be kept at various places which will be hard to find
 - use organisers like drawers, boxes, or built-in shelves
 - don't keep things in a horizontal stack, but use vertical storage style like books on the bookshelf
 - don't get carried away by the emotional value attached to an item, attention needs to be paid 1st on functional value and then the emotional value
 - *ensure white shoes and sandals are kept clean and tidy*
 - *don't disrespect your partner or wife*
 - *don't use loud music in your car*

Conclusion

- By applying three-step process of Decluttering (Discard and Donate, Organise and Precaution), it will activate your planets and will resonate with appropriate energy, resulting in relief from symptoms discussed for each planet
- Once executed and followed religiously, slowly, and steadily life is bestowed with success, harmony, and happiness in life once these steps are followed religiously

- Finally paying gratitude to everything in life goes a long way in ensuring a person becomes happier and abundant

When to Declutter

- Out of 7 days in a week, Saturday is the day to declutter your house or other places
- Decluttering activity must start on a Saturday and finish on a Saturday because Saturn means promise and whatever activity is started on a Saturday it is completed with the desired outcome

Nakshatra or Constellation Based Remedies

There are 28 nakshatras or constellations known to us, but we only refer to 27 nakshatras in natal astrology. For this book, we have compiled remedies for Mercury's 3 nakshatras or constellations only, that is, Ashlesha, Jyeshtha, and Revati.

Note:

Abhijit is the 28th nakshatra, whose planetary lord is Sun, the ruling deity is Brahma and its zodiac or sign is Capricorn (6°40' -10°53' 20").

Bharani

Info

- Presence in Zodiac or Sign: Aries
- Ruling Planet: Venus and Mars
- Symbol: Yoni (Vagina, female sex organ), boat
- Purpose: Wealth (Artha)
- Nature:
- Extreme, Swing between 2 extremes
- Fiery (Pitta)
- Guna: Rajasic (passion)
- Gana: Human
- Caste: Outcaste
- Gender: Female
- Animal: Male Elephant
- Bird: Crow
- Ruling Deity: Yama (god of death), Shakti (Kali)
- Key Words: Secretive, Faces struggle, Upholds the truth, Constrained, Mature, Sustenance, Generous, Detached, Sexual expression is seen, Many transformations in Life
- Operating Nature
- Ugra: The Fierce or Severe
- Key Activities: surgeries (being fierce) can be done on Ugra nakshatras, plotting against enemies can be done, helps you overcome your normal abilities and work beyond your capacities

Remedies

Recite or Chant

- Recite following Beej Mantra (*revealed sound or combination of sequences of sound*) on Bharani Nakshatra day
- Om Eem 108 times
- Om Nama Shivaya Shubham Vrishamkhaya Nama Om
- *Bharani Nakshatra day means when the moon transits this nakshatrathe in the lunar month*

Pooja or Prayer

- Worship Kali or any devi

Donate

- A

Plant

- Plant this tree or Water it or look after it
- Indian gooseberry (Amla), Phyllanthus emblica

Other

- Feed Crows on Bharani nakshatra or constellation day
- On Bharani nakshatra or constellation day never give money to anyone on that day as it will never come back
- On Bharani nakshatra day, keep 5 kg sugar or 5 kg sea salt to get prosperity in the house
- Take 3 by 3 cm white paper and make 3 dots with red ink pen and keep it with you, it will give prosperity
- Take bath with milk or yogurt every day, especially on a Friday and rub your private parts, this will strengthen your relationship and finance
- This is a The Fierce or Severe nakshatra. This nakshatra is favourable for meditation, starting war or litigations, use of arms/ ammunition, any work involving the use of fire, violent acts, or poisoning
- To buy a car that will activate the 4th house following sounds be used to find the name of the company of the car (*instead of the model name*). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :
 - Pada 1 - Li
 - Pada 2 - Lu
 - Pada 3 - Le
 - Pada 4 - Lo

Purva Phalguni

Info

- Presence in Zodiac or Sign: Leo
- Ruling Planet: Venus and Sun
- Symbol: 2 front legs of a bed, Swinging Hammock, Couch (divaan)
- Purpose: Desire (kama)
- Nature:
- Me, Myself, Rest, Enjoyment, Aggression with gentleness
- Fiery (Pitta)
- Guna: Tamasic (ignorance, lethargic)
- Gana: Human (Manushya)
- Caste: Brahmin (Priest)
- Gender: Female
- Animal: Female Rat
- Bird: Eagle
- Ruling Deity: Bhaga the god of fortune, Shiva Linga
- Key Words: Union or Procreation, Renewal or Relaxation or Comfort, Sexual passion, Indulgence, Dramatic, Gentle, Overachievers, Deep knowledge of the occult, Luxury, Talented or Gifted
- Operating Nature
- Ugra: The Fierce or Severe
- Key Activities: surgeries (being fierce) can be done on Ugra nakshatras, plotting against enemies can be done, helps you overcome your normal abilities and work beyond your capacities

Remedies

Recite or Chant

- Recite following Beej Mantra (*revealed sound or combination of sequences of sound*) on Purva Phalguni Nakshatra day
- Om Cham 108 times
- Om Nama Shivaya Shubham Kuru Kuru Poosa Somadharaye Nama Om
- *Purva Phalguni Nakshatra day means when the moon transits this nakshatra in the lunar month*

Pooja or Prayer

- Worship Lord Shiva through Shivalinga, Worship Goddess Lakshmi

Donate

- Donate items of makeup or perfume to unmarried girls

Plant

- Plant this tree or Water it or look after it
- Flame of the forest, Palash

Other

- Pour milk on Shivalinga
- Give charity to poor person's daughter like giving luxurious items which they can't afford or arrange or assist in the marriage of unmarried girls
- Keep a picture of 2 front legs of a bed or Swinging Hammock with you or look at it every day
- This is a The Fierce or Severe nakshatra. This nakshatra is favourable for meditation, starting war or litigations, use of arms/ ammunition, any work involving the use of fire, violent acts, or poisoning
- To buy a car that will activate the 4th house, the following sounds be used to find the name of the company of the car (*instead of the model name*). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :
 - Pada 1 - Mo
 - Pada 2 - Ta
 - Pada 3 - Ti
 - Pada 4 - Tu

Purva Ashadha

Info

- Presence in Zodiac or Sign: Sagittarius
- Ruling Planet: Venus
- Symbol: Hand Held Fan, Winnowing Basket used for the grain of husks
- Purpose: Moksha
- Nature:
- Invincible, Can't lose
- Fiery (Pitta)
- Guna: Rajasic (Passion)
- Gana: Human
- Caste: Brahmin (Priest)
- Gender: Female
- Animal: Male Donkey
- Bird: Francolin
- Ruling Deity: Goddess Apah (Deified Water)
- Key Words: Purification, Energetic, Victorious, Optimistic, Caretaker, Nurturer or abundance of food, Relentless worker, Future-oriented, Segregating abilities (ability to separate things and see them clearly)
- Operating Nature
- Ugra: The Fierce or Severe
- Key Activities: surgeries (being fierce) can be done on Ugra nakshatras, plotting against enemies can be done, helps you overcome your normal abilities and work beyond your capacities

Remedies

Recite or Chant

- Recite following Beej Mantra (*revealed sound or combination or sequences of sound*) on Purva Ashadha Nakshatra day
- Om Bam 108 times
- Om Nama Shivaya Shubham Kuru Kuru Gowrishankaraye Nama Om
- *Purva Ashadha Nakshatra day means when the moon transits this nakshatra in the lunar month*

Pooja or Prayer

- Worship Goddess Lakshmi, Goddess, Lalita, Goddess Tripusundari

Donate

- Donate yellow coloured sweets, Turmeric in a temple or feed it to a priest

Plant

- Plant this tree or Water it or look after it
- Sita Ashoka, Rattan Cake

Other

- Wear decorative jewelry and clothes
- Go to Laxmi Narayan Temple and give cosmetics like nail paint and yellow colored sweets
- Keep a handheld fan or a picture of it and look at it every day
- This is a The Fierce or Severe nakshatra. This nakshatra is favourable for meditation, starting war or litigations, use of arms/ ammunition, any work involving the use of fire, violent acts, or poisoning
- To buy a car that will activate the 4th house, the following sounds be used to find the name of the company of the car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :
 - Pada 1 - Be
 - Pada 2 - Bo
 - Pada 3 - Ja
 - Pada 4 – Ji

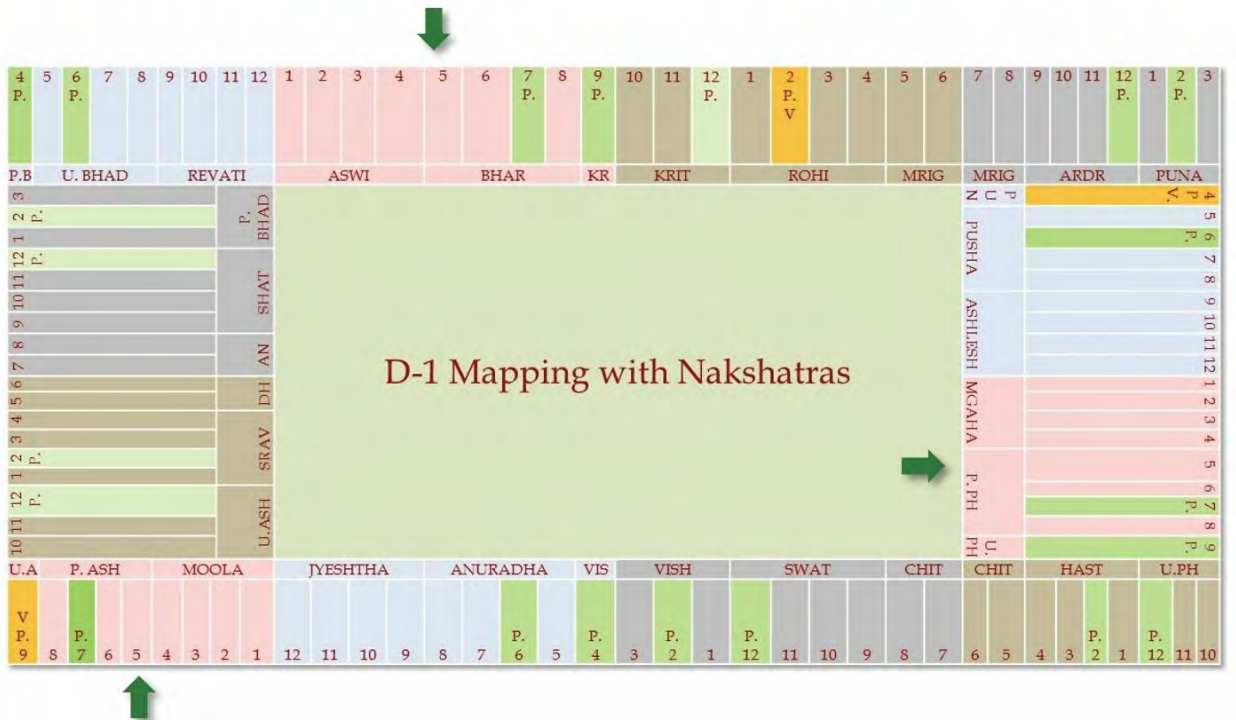
Note on Timing

Note: Every remedy for each planet and constellation or nakshatra could be performed on the respective day (*described earlier in each section*). However, there are two constellations or nakshatras which are regarded as a doctor of gods (Dev Vaidhya). These two are Ashwini and Shatabhisha and are known as Parihara nakshatras. Therefore, any remedy performed when the moon transits these nakshatras in a lunar month gives good results.

D-1 Mapping with Nakshatras

The following diagram shows how all nakshatras are mapped to 12 zodiacs using a South Indian-style birth chart.

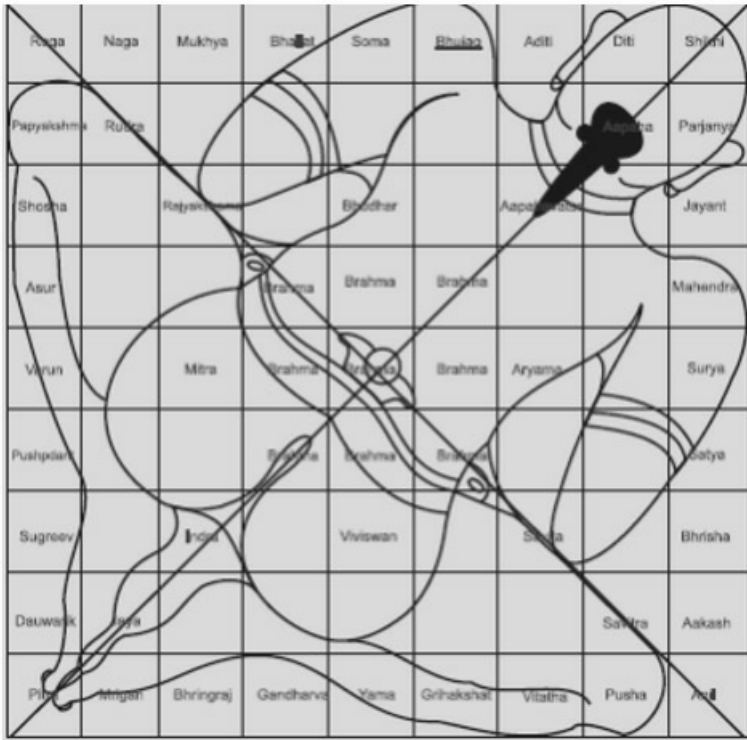
Sections marked with P (green coloured) and V (orange coloured) are Punarvasu Nakshatra and Vargottama. *From CS Patel's Book on Navamsa*



Vastu Shastra Based Remedies

Background

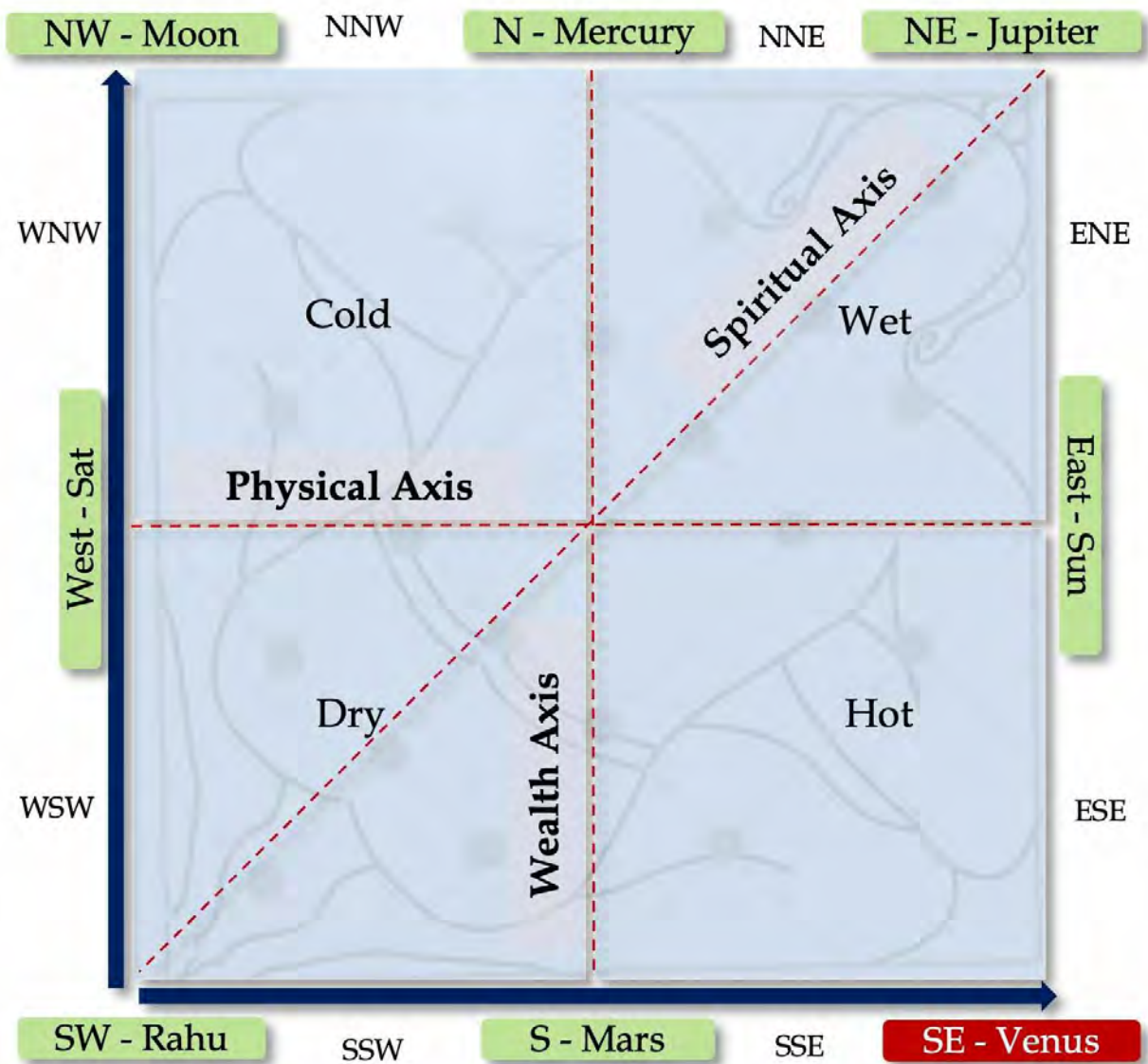
Vastu Shastra is a traditional system of architecture for designing and building structures in harmony with nature and our universe. This science is prescribed in our Vedas (ancient scriptures of India, say Hinduism). It is an integral part of Vedic astrology and must not be treated as a separate science.



Ancient Vastu Shastra principles layout how temples, houses, cities, gardens, roads, and other structures need to be built. Today this science is popular under the name of Vastu, Mahavastu, and closely related Feng Shui. Vastu provides solutions for most problems in our day-to-day life without any demolitions or major constructional changes.

Info

- Lord: Vastu Purusha (Person)
- Responsible: for happiness and strength of the structure
- Facing: Facing Downward
- Number of Dev: 45 Devas are controlling respective zones
- Elements: Five
- Directions to Consider: 16
- Each Direction Zone or Area: 22.5° only, from the center of any structure in scope



Direction: South East

11	6	13
12	10	8
7	14	9

Venus Yantra

- Planet: Venus
- Represents –Relationships, Business, Spouse (in astrology)
- Attributes
 - Signifies: Money, Liquidity, or Cash Flow
 - Planet: Venus
 - Colour: Red
 - Element: Fire
 - Shape: Triangle
 - Body Part: forearm
- Remedies
 - Vastu has a close link with items that came out from Ocean churning when Devta and Demons were fighting
 - For southeast Direction it's Kamdhenu (cow) Mother of all cows, feeds with entire delicacies (Venus)
 - Others Items or Symbols to Use: Bottle of Perfume, Goddess Durga, Pair of Red Horses, Red Lamp, Milke, Ghee, Kodrav, Venus Yantra
- Imbalance

- if the zone is contracted or less then anxiety, fear in mind, worry about kids, blocked payments, treat it with fire element (Red color, copper or triangle shaped items)
- if the zone is extended or extra native becomes money-minded, departmental problems, feels burnt out, while boiling milk spills in the kitchen, becomes aggressive in pricing, treat it with earth element (Yellow color, brass or square-shaped items)
- Other Challenges
- Issues with boss or boss don't listen

Marriage in Lower Caste

- If SE is imbalanced it leads to marriage in lower caste esp if these zones are imbalanced where East (sun), SE (ve) has a toilet, NW (moon), or SW (Rahu) has a toilet
- Toilet or Septic Tank (gutter) in SE (mangal Karya like marriage) – lower caste marriage (gutter mein Shaadi)

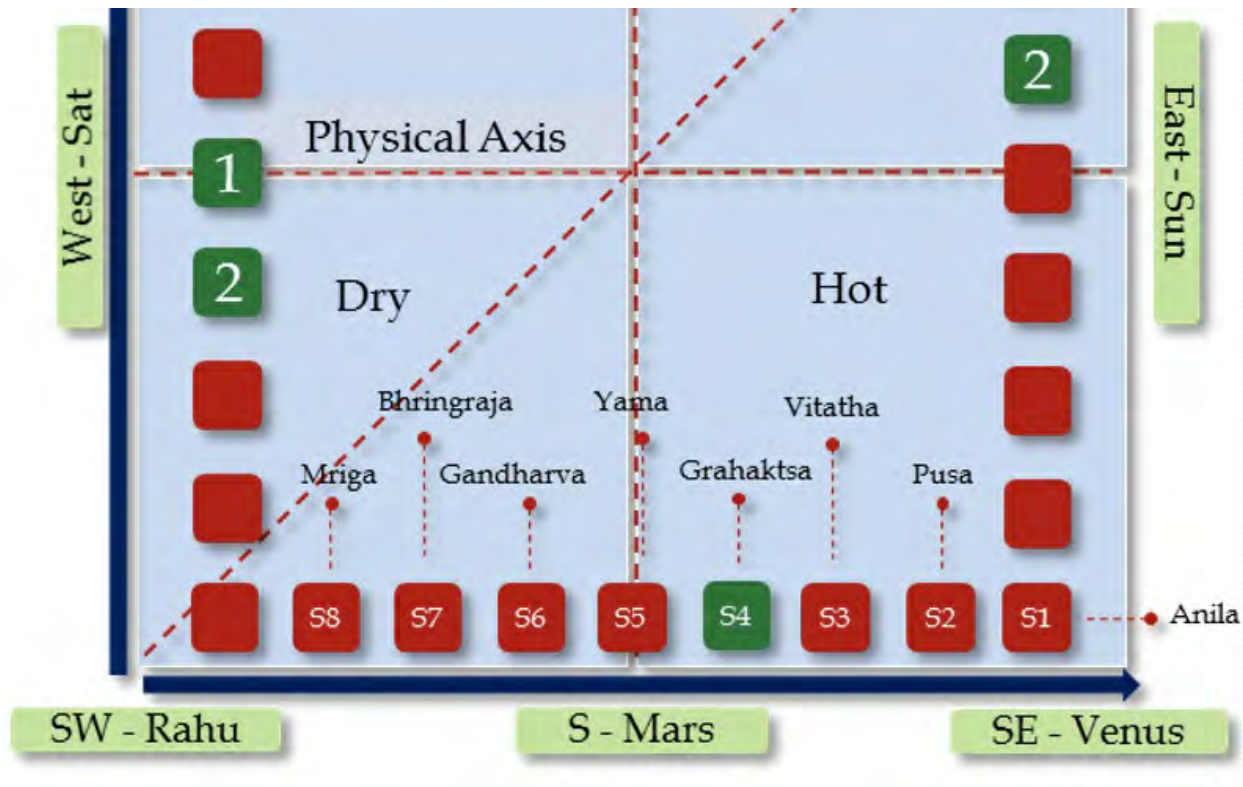
Court Case

- If Agni (SE) combined with North (water) and West (Space)
- Preferred Activities or Objects
- Starting any new or an auspicious activity (mangal karya)
- Generator, Inverter, Furnace, Canteen, Kitchen

Please refer to 45 devtas zone with 9 maha marma zones marked as red dots

Vayu (Papya)	Naga	Mukhya	Bhallat	Soma	Mriga	Aditi	Diti	Isha		
Roga	Rudra	Rajaykah ma	Bhudhar			Apavatsa	Apa	Parjanya		
Sosa								Jayant		
Asur	Mitra					Aryama		Mahend		
Varuna				Brasna				Surya		
Pushpdn at								Satya		
Sugreev	Indraj Jaya	Indra	Vivasvan			Savitra	Savita	Bhrisha		
Dauvrik								Akasha		
Pitri	Mrisha	Bhring	Gandhar va	Yama	Grishaks hat	Vitatha	Pusha	Agni (Anil)		

Preffered South Entrances - View



- Precautions
- No Toilet, Bin
- Avoid Water (Blue) element,
- Avoid Blue and Black (color of sewage) color and wavy objects
- How To Recognise Venusian House
 - organised, clean
 - luxurious house
 - a lot of boundary space outside
 - decorative trees
 - bedsheets, pillows on the bed and sitting area are neat and clean
 - people like to travel, are fond of food, eating out, hoard food items
 - food made in house is delicious and nutritious
 - natives are energetic, good looking, wear branded clothes and doesn't have diabetes, and males have a good sperm count
- South Entrances
 - 32 main entrances are identified in Vastu.
 - South direction has only 1 beneficial entrance for the main entrance, which is owned by devta Grihakshat (Vishwadevta - Prosperity, Good Sons) respectively. Rest 7 causes grief and creates various challenges in life. Hence each main entrance needs to be treated with the appropriate solution.
 - Entrance is South East is not allowed – if a gate is made here then children suffer or has less or no progeny
- Generic Remedies
 - Keep water filled in Terracotta or an earthen pot in the North East corner of your house and refill it every week
 - Take blessings of Vastu Purusha Everyday
 - Keep Yellow scented flowers in your house
 - Wipe your main door every day or once a week to gain positive energy and decrease the effect of Rahu
 - Place an idol of Lord Ganesha outside of your house and place the same replica inside of your house. Keep in a way that they are back to back
 - No heavy, pointed, sharp items like Knife, Nails as the head of Vastu Purusha lies here
 - No slope in the Southern direction
 - If your Ascendant and Ascendant Lord is strong then good ventilation and entry of the house is present
 - Do not keep Broken Glass, Idol of, God and Goddess in your home
 - Do not Plant or Keep Cactus in your home. The thorny plant represents Mars and depending upon the placement of Mars in your chart a remedial step is required
 - Windchime made of 7 metallic rods can be placed towards the western direction of the house as a remedy to address the ill effects of Saturn

- Never keep broken or non-working electrical or electronic items as it increases the influence of Rahu
 - The sound of the doorbell has to be pleasing else it creates a short temperament among house members
 - Running water or leakage of water or broken tiles or marbles needs to be replaced immediately
 - Never sit in a position while putting your back at the main door of the house. This creates deceits, backstabbing, and unwanted visitors
 - Install a nameplate of your house on the main entrance to enable opportunities to find you easily. Lighting the nameplate increases the effect manifold
 - A Garden needs to be in the Northeast or East zone and it needs to be kept clean
 - A storeroom needs to be in the South-West zone
 - Tie eight peacock feathers with a white coloured thread. Recite the following mantra 108 times Om Somay Namah. Keep these in your home
 - Add sea salt to the water while cleaning and mopping your house or a premise in use
 - Do not keep broken utensils or dishes, mirrors, broken beds in the house
 - Discard or fix any broken watch or clock in your house
 - Keep your face towards the East (long life) or North (money) while having your meal. South and West needs to be avoided
 - Always clean your dishes and utensils after a meal and tidy your kitchen (Mars) meal zone
 - Offer water to your visitors every time they come home, reduce Rahu (North node of Moon) influence
 - Every time you come home, bring something home, this enhances wealth and chances of success
-
- For optimal and satisfying outcomes every day do the following when stepping out we should have the same nostril open as the foot we're using to step out of the door:
- Sunday- right foot, right nostril open
 - Monday- left foot, left nostril open
 - Tuesday- right foot, right nostril open
 - Wednesday- left foot, left nostril open
 - Thursday- left foot, left nostril open
 - Friday- left foot, left nostril open
 - Saturday- right foot, right nostril open

Sun	Mon	Tue	Wed	Thu	Fri	Sat
R	L	R	L	L	L	R

Appendix

Venus or Shukra Stotra

Sri Sukta or Sri Sooktam

Sri Sukta or Sri Sooktam is a stotra (*set of Sanskrit shlokas or verses*) admiring Sri as Goddess Lakshmi (*goddess of wealth, prosperity, and fertility including land fertility*). This is described in the Rig Veda. This is one of the 5 Sooktams recited during the 3-hour long Abhishek of Lord Venkateshwara at Tirupati temple in Andhra Pradesh, India

--

- Hari om hirannya-varnnaam harinniim suvarnna-rajata-srajaam Chandraam hirannmayiim lakssmiim jaatavedo ma aavaha
- Taam ma aavaha jaatavedo lakssmiim-anapagaaminiim Yasyaam hirannyam vindeyam gaam-ashvam purussaan-aham
- Ashva-puurvaam ratha-madhyaam hastinaada-prabodhini Shriyam deviim-upahvaye shriirmaa devii jussataam
- Kaam so-smitaam hirannya-praakaaraam-aardraam jvalantiim trptaam tarpayantiim Padme sthitaam padma-varnnaam taam-ihopahvaye shriyam
- Chandraam prabhaasaam yashasaa jvalantiim shriyam loke deva-jusstaam-udaaraam Taam padminiim-iim sharannam-aham prapadye lakssmiir-me nashyataam tvaam vrñne
- Aaditya-varñne tapaso aadhi-jaato vanaspatis-tava vrksso ahtha bilvah Tasya phalaani tapasaa-nudantu maaya-antaraayaashca baahyaa alakssmiih
- Upaitu maam deva-sakhah kiirtish-ca manninaa saha Praadurbhuuto ahasmi raassttre-asmin kiirtim-rddhim dadaatu me
- Kssut-pipaasaa-malaam jyestthaam-alakssmiim naashayaamy-aham Abhuutim-asamrddhim ca sarvaam nirñnuda me grhaat
- Gandhdvaram duradharsham nityapushtam karishinim Ishvarim sarvbhutanam tamihophvye shriyam
- Mans kaammaakutim vacha satyamshimahi Pashunam rupmanyasya mayee shree shryatam yasha
- Kardamen prajabhuta mayee sambhav kardam Shreeyam vasay me kule maatram padhmalinim
- Aapa srajantu snigdhani chikilat vas me gruhe Ni ch devam matram shriyam vasay me kule
- Aadram pushkirinim pushtim pinglam padmalinim Chandram hiranyamayee lakshamim jaatvedo ma aavaha
- Adram ya karinim yashtim suvarnam hemamalinim Suryam hiranyamayee lakshami jaatvedo ma aavaha
- Tam ma aavaha jaatvedo lakshamimanpgaminim Yasam hiranyam prabhutam gaavo Dasyoshvaan vindeyam purushanham
- Ya shuchi prayato bhutva juhuyadajyamanvham Suktam panchdarshrch ch shreekaam: satatam japet
- Padhmanane padhma uru padhmakshi padhmsambhave Tanme bhajasi padhmakshi yen saukhyam labhamyham
- Ashvdayai godayai dhandayai mahadhane Dhanam me labhtam devi sarvkamanshch

dehi me

- Padhmamane padhmvipdhmpatre padhmapriye padhmdalaytakshi Vishvapriye ishnumanonukule Tvatpaadpadhmam mayee sanidhtsva
- Putrapautram dhanamdhananyam hastyashvadigvertham Prajanam bhavasi mata ayushmanatam karotu me
- Dhanamagnirdhanam vayurdhanam suryo dhanam vasu Dhanmindro brahaspatirvarunam dhanmastu me
- Vaintey somam pib somam pibatu vruttraha Somam dhanasy somino mahyam dadaatu sominah
- Na krodho na ch matsaryam na lobho na shubhamati Bhavanti krutpunyanam bhaktanam shree suktam japet
- Sarsijnilaye saroj haste dhavaltaranshukgandhmaalyshobhe Bhagvati harivallabhe manogye Tribhuvanbhutikari praseed mahyam
- Vishnupatnim kshamam devim madhavam madhavpriyam Lakshami priysakhim devim namayachutvallabham
- Mahalakshmi ch vidmahe vishnupatni ch dheemahi Tanno lakshami prachodayaat
- Shrirvarchasvmaayushy marogya mavidhachobhmanam mahiyate Dhanyam dhanam pashum bahuputralabham shatsamvatsaram deerdhmaayu

Iti shree suktam samaptam

--

Devi Stuti or Durga Chalisa

Shri Mahalakshmi Ashtakam Stotra

This stotra is 1st recited by Indra Dev in praise of Goddess Shri Lakshmi and is mentioned Padma Purana. This is a prayer to Goddess Maha Lakshmi who is known as “Shree” and represents wealth and auspiciousness. Reciting or listening Sri Mahalakshmi Ashtakam every day bestows success and material benefits.

--

- Namastestu Mahamaye
Shree Pithe Sura Poojite
Shanka Chakra Gadha Haste
Maha Lakshmi Namooostute
- Namastestu Garudarudhe
Kolasura Bhayankari
Sarva Papa Hare Devi
Maha Lakshmi Namooostute
- Sarvajne Sarva Varade
Sarva Dushta Bhayankari
Sarva Duhkha Hare Devi
Maha Lakshmi Namooostute
- Siddhi Buddhi Prade Devi
Bhakti Mukti Pradayini
Mantra Moorte Sada Devi
Maha Lakshmi Namooostute

- Adyanta Rahite Devi
Adi Shakti Maheshwari
Yogaje Yoga Sambhute
Maha Lakshmi Namostute
- Sthula Sukshme Maha Raudre
Maha Shakti Mahodari
Maha Papa Hare Devi
Maha Lakshmi Namostute
- Padmasana Sthithe Devi
Parabrahma Swaroopini
Parameshi Jagan Mata
Maha Lakshmi Namostute
- Shwetambara Dhare Devi
Nanalankara Shobhite
Jagasthithe Jaganmata
Maha Lakshmi Namostute
- Maha Lakshmyashtakam Stotram
Yah Patheth Bhakti Man Narah
Sarva Siddhi Mavapnoti
Rajyam Prapnoti Sarvada
- Eka Kalam Pathennityam
Maha Papa Vinashanam
Dwikalam Yah Pathennityam
Dhana Dhanya Samanvitah
- Trikalam Yah Pathennityam
Maha Shatru Vinashanam
Maha Lakshmi Bhavennityam
Prasanna Varada Shubhah

--

Shri Ashta Lakshmi Stotra

Astha Lakshmi Stotra is addressed to the Ashta Lakshmi's (Eight Lakshmi's). Ashtalakshmis are regarded as the secondary manifestations of Goddess Lakshmi and 8 sources of wealth. *These are prosperity, good health, knowledge, strength, progeny, and power.*

--

Aadi Lakshmi

- Sumanasa vandita sundari madhavi chandra sahodari hema maye
- muni gana mandita moksha pradayini manjula bhashini veda nute
- pankaja vasini deva supujita sadguna varshini shanti yute
- jaya jaya he madhu sudana kamini adi lakshmi sada palaya mam

Dhanya Lakshmi

- Ayi kali kalmasha nashini kamini vaidika rupini veda maye

- kshira samud bhava mangala rupini mantra nivasini mantra nute
- mangala dayini ambuja vasini deva ganashrita pada yute
- jaya jaya he madhu sudana kamini dhanya lakshmi sada palaya mam

Dhairya Lakshmi

- Jaya vara varnini vaishnavi bhargavi mantra svarupini mantra maye
- sura gana pujita shighra phala prada jnana vikasini shastra nute
- bhava bhaya harini papa vimochani sadhu jana shrita pada yute
- jaya jaya he madhu sudana kamini dhairya lakshmi sada palaya mam

Gaja Lakshmi

- Jaya jaya durgati nashini kamini sarva phala prada shastra maye
- ratha gaja turaga padayi samavrita parijana mandita loka nute
- hari hara brahma supujita sevita tapa nivarini pada yute
- jaya jaya he madhu sudana kamini gaja lakshmi rupena palaya mam

Santhana Lakshmi

- Ayi khaga vahini mohini cakrini raga vivardhini jnana maye
- guna gana varidhi lokahi taishini svara sapta bhushita gana nute
- sakala sura sura deva munishvara manava vandita padayute
- jaya jaya he madhu sudana kamini santana lakshmi sada palaya mam

Vijaya Lakshmi

- Jaya kamala sani sadgati dayini jnana vikasini gana maye
- anudina marcita kunkuma dhusara bhushita vasita vadya nute
- kanaka dhara stuti vaibhava vandita shankara deshika manya pade
- jaya jaya he madhu sudana kamini vijaya lakshmi sada palaya mam

Vidhya Lakshmi

- Pranata sureshvari bharati bhargavi shoka vinashini ratna maye
- mani maya bhushita karma vibhushana shanti samav.rta hasya mukhe
- navanidhi dayini kavimala harini kamita phala prada hasta yute
- jaya jaya he madhu sudana kamini vidya lakshmi sada palaya mam

Dhana Lakshmi

- Dhimi dhimi dhin dhimi dhin dhimi dhin dhimi dun dubhi nada supurna maye
- ghuma ghuma ghum ghuma ghum ghuma ghum ghuma shankha ni nada suvadya nute
- veda purane itihasa supujita vaidika marga pradarsha yute
- jaya jaya he madhu sudana kamini dhana lakshmi rupena palaya mam



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